

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich

These exercises will do more for you then you can imagine in helping you to discover your unconscious money programs and thus make it possible to change them.

We are directing you to look at specific behaviors and engage in new concepts throughout the program.

When answering the questions below – you can use your workbook as a resource.

Above the Line Preparation and Engagement

There are some very primary emotions, thoughts and beliefs that each and every one of us hold about money and cash. My daughter asked me one day, “ Mom why do you say both money and cash?” I replied because each word holds a certain emotion. When you think about money it is a generalized idea of coming and going, increasing or decreasing, saving or paying bills.

When you think about cash there is a visceral gut feeling of holding it in your hand. Taking it out of your wallet. Counting it. Jiggling the coins. Throwing the coins into a savings container. Looking for it and worrying if you have any cash on you. Afraid it will be stolen if you carry too much. Putting \$100 bills in your wallet to feel rich.

Discovering it lying on the ground or in your old coat pocket or wallet or purse and feeling great about the extra cash. Cash is very personal while money is more abstract.

We want to start your new relationship with cash and Commanding Cash by identifying some of the personal beliefs and emotions you have about your ability to generate, provide, keep, invest, save, or spend wisely.

Cash Rich Introduction

First we are asking you to think about what position you take with cash. What is your big money picture – do you see yourself as a

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich

victim of outside circumstances –that your money and good is withheld from you because of family, jobs, the economy or is it possible for you to see yourself as **creator of your cash**? Yes even creator of your present circumstances of lack and money problems or not enough money or stopped at a certain invisible earning line and also creator of the good cash results you already are generating.

We want you to take the position of creator – that you have the power to create negative results in your life means that you have the power to **reverse negative affects and to create positive cash** and money with the same determination, expertise and skills.

Our journey with you over the next weeks is to bring you into your full power as a positive cash creator and to end forever your limiting ideas about what you can't do.

Please take a look at the simple questions and exercises and they will definitely give you a leg up on your game.

What is the most important thing you heard in this weeks session that suggests to you that you can actually be rich?

1. What do you believe about your right to be rich? What do you remember your parents saying about the family finances, or their views of being wealthy or poor? What comments did they make about rich people? List what you remember or talk about the items with a partner.

After you define the negative beliefs then form a Command of what you want instead. Go through the 6 –Steps and Command for what you want instead.

As you Command you'll be on the way to greater financial good.

GO TO THETA...I don't know how I (command). I only know that it is so now and I am fulfilled.

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich

2. List your top 5 reasons why you believe you should be rich?

1.

2.

3.

4.

5.

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich

3. What are the 3 reasons you should be rich as presented in the course?

1.

2.

3.

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich

4. Where would you place yourself on the 10 levels of Wealth?

You may find you are active on more than one level. This is to help you identify your unconscious money patterns. What do you notice about your placement on the scale - happy, sad, excited?

Cash Rich Success by Your Command

Week 1 – Why You Should Be Rich